

## Japan Instant Cup Rice

Written by Administrator  
Monday, 22 July 2013 20:47

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It is not healthy to eat instant noodle, I know. It does not contain nutrition and not good for digestion too. I try to avoid eating it but once a while, I think no problem. One night, when I shop for my dinner at nearby convenient store, I can't find any bento available. At that time, I found instant cup noodle rice which was quite special. I bought one and bring back apartment for my dinner on that night.

It is rather convenient and fast to cook. Just add water to the cup rice and cook it in microwave oven. You can consume it after 2 minutes. Inside the cup rice, it has dried egg, dried shrimp, shallot and dried meat. It also came with a pack of sauce oil for you to mix with the rice after cook. So, if you do not want to eat instant noodle, you can try instant rice.

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ingredients, to you will like to share and making soup base you can choose what